



FRIENDS TO MANKIND, The Sacred Work

“The Sacred Work is calling forth ‘Friends’ to make more friends”– Dhyana Vimal, Founder

Friends to Mankind (F2M) is a conscious effort to support the flowering of humanity in every aspect. F2M is an action that calls all humanity to come together to resonate oneness and peace. Participating in this action, is participating in The Sacred Work for mankind, an exercise of the sacred heart.

Friends to Mankind is a non-profit foundation that is inviting people from every country, to unite as friends.

As a friend to mankind, people connect and work together as friends with a deep respect for one another and in non-violence; towards the betterment of humanity. It is the only way the world can heal; it is the new inner revolution that is needed.

Humanity Depends on Each One of Us

When two people meet – our identities, gender, race, moral beliefs, political reasoning, biasness and social preferences meet. It is just not a meeting of two people who have come to their best, who celebrate one another. The meeting of the differences causes a rippling effect more than we can understand. It can lead to good or to something untoward. At a macro level, it is the same when two organisations meet or when two countries meet. They meet their differences most of the time.

Friends to Mankind is calling upon humanity to realise this simple fact that humanity depends on each one of us. The awareness that our growth affects another is what has gone missing and F2M is awakening this consciousness.

Once we realise that we are participating in the whole too, and choose to consider another in all our actions, and then we are sending forth a pulse of friendship and oneness. Next is to participate in actions that pave the way to realising this unified vision.

If enough people recognise and share this consciousness, then be it a small group or large one, there is a rippling effect in operation.

What F2M and The Sacred Work Is

What F2M is inviting, is for people to do and be a part of The Sacred Work.

The Sacred Work is the work of playing a role in awakening people to be the best they can be, because only at their best will we find solutions to this world and its complexities.

A home, a restaurant, an office... even a country can be in peace. The ‘Yes’ of every individual is what is going to effect the environment and send forth the pulse.

In this work, there is no leader, no champion nor hierarchy. There are only Friends.

The Sacred Work is the work of recognising and celebrating the highest of humanity. The absence of this recognition manifests itself through symptoms of meaninglessness.

The Sacred Work helps one to recognise the inner sacredness, restores the wholeness within and allows it to bloom so we may give the best of us for humanity. When one finds this state within, one finds life (living) without. Life becomes beautiful. Life becomes a sharing. We are on the path to discovering our original face, our own authenticity.

The Sacred Work is the art to do that.

When you can see the way we are effects humanity, you have found your sacredness in contact with humanity. An example of this is when you are in a happy and truthful state, you are effecting humanity, you are sending that vibe. As how a happy mother effects her family, a happy employee effects the workplace and a happy teacher effects the future generation.

The Sacred Work awakens the realisation of our ability to effect. Making the right choice of effecting positively, is the choice to be a friend to mankind.

A Friend to The Sacred Work

The invitation to be a Friend is open to everyone. Those who have seen the insight and the wisdom, are welcomed to be custodians of this work.

A Friend shares this consciousness to more friends; and so the work grows. Each Friend is guided by the principles of F2M. Each Friend carries an oath to be a custodian of this sacred work.

The Sacred Work programme is designed to dissolve the state of 'helplessness' and 'powerlessness'; and to restore the ability to take responsibility over oneself. By doing this, organically the negative elements are flushed out of one's core system. The realisation of how one effects this world, and how one has the sacred gift of being an effector is born.

In this effector state, the Friend-in-me is given birth to. Like a silent whisper, the understanding descends and becomes part of one's being.

The Sacred Work Preparation

The Sacred Work is a self-learning programme undertaken by individuals with the aid of a manual, audio and visual talks, and with the presence of a 'Friend' in a non-interfering learning environment. It is five to six day programme that can be conducted anywhere in the world with the presence of a 'Friend'. What the Friend extends to the other is his/her presence, the course material and a space. For those who may not afford the fee, The Sacred Work together with Friends to Mankind offers scholarships.



Some of the foundational guidelines include that:

- the learning is for oneself and not as homage to any individual. It is a journey to find our own sacredness. There is no teacher, no mentor or coach overlooking our study to even mildly suggest the outcome of the programme.
- there is no standard, no conformity nor any expectation on any individual.
- it not a 'movement' of trying to do something but, humanity is on the move.

The Invitation

The invitation to be a friend to mankind and to do the sacred work awaits with open arms to every one who is willing to say 'Yes'.

Many individuals, communities and organisations around the world have said 'Yes' to F2M. Many have adopted the core principles of F2M into their organisations. F2M continues to grow with the more 'Yes' received every moment.

F2M Projects

Master's World Magazine

A magazine published by Zazen Publishing House in support of the works of the Friends to Mankind founder. His works published include focus and publicity given in helping those with talents, skills and potential which he believes will serve humanity.

Some of the segments highlighted include:

- hawker food stalls that serve some of Malaysia's best foods
- individuals who have dedicated their time for work that serves humanity
- talented local photographers
- Malaysia's gifted artistes and musicians
- the aborigines of Australia, Yolngu
- humanity-caring and friendly to earth discoveries, like biodiesel
- Malaysia's gifted painters who celebrate the beauty of being human
- Malaysian entrepreneurs who share the vision of serving peace and humanity
- highlights of Malaysian heritage sites like The Central Market
- wellness solutions that restore health
- ... and more.

Fund Raising Concert

In September 2006, a music concert was organised in Kuala Lumpur to aid the flourishing of local musicians and singers. Proceeds of the collection was contributed to a Malaysian cancer foundation.

Charitable Website Service

In association with Zazen Design & Production Sdn Bhd, Friends to Mankind developed the website of The Tamil Foundation – a foundation dedicated to the development of Tamil schools in Malaysia. This website was developed at no profit to neither the design company nor Friends to Mankind.

Charitable Contributions

In support of a Malaysian charitable foundation, Friends to Mankind contributed in cash. Friends to Mankind has in its plans, to continue supporting similar foundations that serve humanity.

International Day of Peace -‘Walk for Peace’ Event (on-going)

This inaugural international United Nations event organised in Malaysia by the Malaysian Veterans Armed Forces Council and World Veterans Federation is a national event in support of peace. F2M supported this event in various ways, in addition to its hundreds of walkers for peace under its banner.

The NEXT step

Friends to Mankind continues to awaken this consciousness globally. F2M extends its hands to every individual, community, organisation and nation that wishes to do the sacred work for humanity.

Some upcoming projects (*subject to change without prior notice*) include:

Anti-rape Campaign

F2M will work towards creating an awareness of what ‘rape’ is – not just from a physical form, but psychological and mental also, towards creating a non-violent environment. Anyone in support of this work will be welcomed and a global campaign will be ignited.

Peace Drums Festival 2009

This is a festival of peace drums where we will bring together people from around the world to play drums from every country – Native American, Malaysian natives, Chinese, Indian, Indonesian, Australian aboriginal, South American and more. One thousand drums will be played simultaneously to send forth the pulse of peace and harmony worldwide.

Union of Traditions, February 2009

We will be bringing every tradition of the world together on a single platform to unite for peace. This is a celebration of humanity and our rich heritage. It is a realisation of how in every tradition there is a hidden pulse of celebrating togetherness. When we recognise the value of these past traditions, we will also value friendship and the need to fight for peace to preserve what humanity has built for centuries.

F2M Bank

Many large corporations will unite to build funds through the F2M Bank which will be the financial fuel for projects and researches that will benefit mankind like works on scientific breakthroughs, technological advancements, archaeological discoveries, academic researches, social development, economic researches and more. The funds will support every work that is to serve humanity and peace.



Eradication of Hunger Project

One of the visions of Friends to Mankind is to have no one person ever left hungry. Hunger is a failure to meet one of the most basic survival needs of mankind. This is one of the main reality Friends to Mankind will completely eradicate from this world.

Health Projects

Every health and wellness solutions in the world will be sourced to make it available to people of every community. Researches and studies in discovering cures and new vaccinations will be supported by F2M. Companies that provide healthcare solutions will also be supported by the F2M Bank.

Music of the World

Music unites people beyond language barriers. It is a medium that connects people into a common rhythm. F2M will organise international music festivals and concerts that bring musicians, instruments and talents from around the world to create songs and music that will send the message for peace globally. Even a child must hum the music of peace, so no violence will find root in his being. The songs and music will create a bond globally which will be the link between people of all countries to unite.

F2M Peace Recognition Awards

Friends to Mankind realises that to heal the world and to restore peace in every corner is a mountainous one. It is a work that needs every person's willingness to participate. Those with skills and expertise needed shall come forward to share in this work. F2M will give recognition to such individuals who will stand as examples to others.

F2M Hospital

The hospital will meet the medical and healthcare needs of people around the world. There will be free treatments given to ensure that no one is deprived of treatment for lack of financial means. This hospital will also consist of top medical practitioners, surgeons and scientists who will be equipped and funded to engage into research of new cures and prevention measures.

About Friends to Mankind

Friends to Mankind started its work in Malaysia two years ago. It is a non-profit organisation that works with individuals, corporations and foundations for the betterment of humanity. Individuals and organisations that say 'Yes' may operate the principles of F2M in their environment; and be allowed to carry the logo to symbolise their participation. Those who wish to initiate projects and be ambassadors of different areas of work are also welcome.



Friends
to mankind

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About The Founder

Friends to Mankind is founded by Dhyan Vimal. The founder's vision is for this work to find its custodians throughout the world.

He has dedicated the last 20 years of his life to the work. All his audio and visual talk compilations are available at www.mastersworldwide.com. It is an online library of Dhyan Vimal's work that is made available to the public through a 'pay as you choose' system. Today, more and more people are researching his work further. Many scientists, psychologists, kinesiologists; and numerous scientific and body, mind and soul experts are engaging in research on his work.

Dhyan Vimal is also an international speaker who is invited to speak at various locations around the world. After founding the Dhyan Vimal School of Mastery Canada Inc. in Vancouver, Canada he recently was invited to speak at the CEO conference in Colombo, Sri Lanka. His next venues are Seattle, San Francisco and Hawaii.

What the logo symbolises

The F2M logo symbolises how the metamorphosis through which the egg transforms into the larva (caterpillar), which then transforms into the pupa before maturing into its full beauty as an adult butterfly; F2M seeks to magnify the beauty and restore the wholeness of this planet we live in. The butterfly in seeking for nectar to its survival needs, it also participates in the survival of the whole, too. This reflects that as we seek our own survival, we participate in the survival of the whole too.

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